

Q.P Code: 202318

Reg. No:

**M. Phil Clinical Psychology Part II Supplementary Examinations
June 2025
Paper II: Psychotherapy and Counselling
(2017 Scheme)**

Time: 3 hrs

Max. Marks: 70

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays

(4x14=56)

1. Explain the significance of family therapy in substance abuse. Describe the relapse prevention model of substance abuse.
2. Describe the role of interpersonal therapy in the dispute of a couple. Explain the management plan for mild intellectual disability.
3. Formulate and explain the token economy procedure for long-stay patients with schizophrenia. Explain how to improve the functional level using social skills training.
4. Explain the model, principles and techniques of dialectical behaviour therapy.

Short Essays

(2x7=14)

5. Explain the procedure and techniques of Sex therapy.
6. What is contingency management. Explain Exposure and response prevention.
